



TOM CILMI
Suffolk County Legislator
10th District

For Immediate Release

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Islip Studio Offers Free Restorative Yoga for Cancer Patients



Suffolk County Legislator Tom Cilmi helped cut the ribbon for a new program at Islip's Jewel in the Lotus Yoga Studio which will welcome cancer patients with free restorative yoga, meditation and breathing classes every Monday.

The new program, "Mondays at Jewel in the Lotus," is modeled after "Mondays at Racine" which provides free beauty and spa treatments on Mondays for cancer patients at Racine Salon and Spa, also in Islip. Legislator Cilmi is joined by studio owner, Angela Strykowski, and Mondays at Racine Foundation founders, Cynthia Sansone and Rachel DeMolfetto, as well as representatives from the Islip Breast Cancer Coalition, the Islip Chamber of Commerce and others.

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